

City of Troy Aquatic Center

Rules and Regulations

These rules and regulations are intended for the safety of all guests. Failure to follow the rules can result in illness, serious injury or expulsion from the pool.

The Patron is responsible for reading and obeying all rules.

A Patron who violates these rules may be asked to leave.

Staff has the discretion to create and enforce additional rules as necessary.

Complex Rules

- 1. Swimsuits** – Proper swim attire must be worn. (No cut-offs, shorts, leotards, etc.) Appropriate body coverage must be maintained at all times. (No thong suits)
- 2. Tobacco** – No tobacco products, smoking or chewing, will be allowed inside the pool enclosure. If you are of age, you may obtain a wristband and go outside the facility.
- 3. Alcoholic Beverages** – The possession or consumption of alcoholic beverages is not permitted inside the facility during normal operations.
- 4. Under the Influence** – Any person suspected of being under the influence of a controlled substance will not be allowed entry to the facility; if inside the facility, they will be asked to leave.
- 5. Food and Drink** – No food or beverages of any kind may be brought into the facility. All food and beverages purchased at the concession stand must be consumed in the concession area, with the exception of water.
- 6. Improper Behavior** – Running, rough play, roughhousing and obscene gestures or language are not allowed. Determination that these acts are occurring is left solely to the discretion of the pool staff.
- 7. No Prolonged Breath Holding** – Competitive and repetitive breath holding can be deadly. Doing so tells your body not to ask for oxygen, which can cause you to pass out and down.
- 8. Contagious Conditions** – Swimmers with contagious conditions or open wounds will not be allowed admission.
- 9. Lost Items** – The City of Troy is not responsible for lost or stolen articles. Lost and Found will be cleaned out each Wednesday.
- 10. Deck Furniture** – Deck furniture may not be placed in any pool or beach entry, and must remain in a position so as to allow free access to pools at all times. Deck furniture may not be moved off of paved areas.

11. **Young Children** – Children under the age of 10 must be accompanied at all times by a responsible person age 16 or older.
12. **Adult Supervision** – A ratio of two (2) swimming adults to every five (5) children must be met for all groups with children 2-4. For groups with children ages 5-12 years the ratio must be one (1) swimming adult for every eight (8) children.
13. **Chewing Gum** – Chewing gum will not be allowed inside the facility at any time.
14. **Swimming Skills** – Swimmers may be asked to demonstrate swimming skills through water testing before using the diving boards or entering deep-water areas.
15. **Lane Ropes** – Hanging on lane ropes will not be permitted.
16. **Radios** – Only radios utilizing headphones will be allowed.
17. **Pool Toys** – Inflatable rafts, noodles, and nerf balls are not allowed. Flotation devices must be Coast Guard Approved and labeled as such. All other water toys and inflatables are subject to the approval of the pool manager. All non-swimming children must be within arm's reach of a swimming adult, and will be restricted to the shallow water area of the competitive pool and the family play pool.
18. **Diapers** – Swim diapers will be required of all infants and toddlers swimming in the facility. Positively no disposable diapers of any kind will be allowed. Swim diapers may be purchased in the concession area.
19. **Other Conditions** – Pool management reserves the right to modify these rules as situations dictate. Failure to follow directions from pool staff will result in removal from the facility.

Diving and Diving Board Rules

1. **Timing** – Only one person will be allowed on the board at a time. Persons in line must wait until the previous diver has safely reached the pool ladder before climbing the diving board ladder. Divers should exit the diving pool at the nearest ladder. Divers must not exceed **250 lbs.**
2. **Safety** – Safe diving must be practiced. No running, cartwheels or handstands on the board. Inward dives and multiple bounces are also prohibited. Divers must dive straight out from the board.
3. **Qualifications** – Divers may be asked to demonstrate swimming skills through water testing before using the diving boards or entering deep-water areas. No flotation devices or assistance from anyone in the water will be permitted.

Large Slide Rules

- 1. Height Restrictions** – All patrons will be measured before using the slide. Slide riders must be at least **48” tall and less than 300 lbs.** as mandated by the slide manufacturer.
- 2. Limits** – Only one person at a time will be allowed to go down the slide. The lifeguard will signal when the next rider may begin sliding.
- 3. Position** – Sliders must go down the slide in a sitting position or on their back feet first.
- 4. Other Restrictions** –
 - Goggles, fins, rivets, zippers, buckles, life jackets, dangling jewelry such as necklaces or bracelets, watches, or flotation devices may not be worn while using the slide as they may scratch the surface.
 - Sliders should exit the splash pool immediately.
 - Sliders should not stop themselves inside the slide for any reason.

Lazy River Rules

- 1. Entry to River** – No climbing, walking, or sitting on the wall in the lazy river. No jumping into the lazy river from the side of the pool. Access the lazy river through the leisure pool only.
- 2. Diving** – No diving is allowed anywhere in the lazy river.
- 3. Direction** – Floaters must follow the direction of the current at all times. Floaters should not block the progress of others.
- 4. Children** – An adult must accompany children under 48” tall who are not proficient at swimming.

Leisure/Family Play Pool Rules

- 1. Furniture** – No deck furniture may be brought into the beach area of the pool.
- 2. Restrictions** – Running, pushing, dunking, rowdy behavior, wrestling, splashing, throwing objects, or holding anyone under water are prohibited.
- 3. Play Structure** – Sliders must go down in a feet first, sitting position. No suits with metal, zippers, rivets and/or decoration are allowed.

Lap Swimming

- 1. Availability** – Lap swimming will be determined by the occupancy conditions of the pool or will be scheduled with other activities during private usage such as swimming lessons, etc.
- 2. Circle Swim** – When more lap swimmers are swimming than there are laps, circle swimming will be required.
- 3. Skill Level** – Please swim in the lap lane with the appropriate speed for your use.